Department of Physiology

In association with

APPI – Bengaluru Chapter

Invitation

With the Divine Blessings of Paramapoojya Jagadguru Padmabhushana
Sri Sri Sri Dr. Balagangadharanatha Mahaswamiji

&

In the Divine Presence of Paramapoojya Jagadguru
Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji

State level Physiology CME

on

“Myths & Facts of Aging”

Date: 27.12. 2018, Thursday
Time: 8.30 AM to 5.00 PM

Venue: College Lecture Hall 1, AIMS, B.G.Nagara

Applied for 2 credit hours from KMC

Age is inevitable. Aging isn’t.
Dear friends & colleagues,

It gives us immense pleasure to invite you to our serene campus at Adichunchanagiri Institute of Medical Sciences, B.G. Nagara, on the occasion of our State level CME on “Myths & Facts of Aging”.

Aging is a continuous process beginning from the time of attaining full functional maturity in a person, it ignites the minds of almost all adults, young or old on hearing to it. It would be a matter of pride for some but anxiety for many. One feels more comfortable & happy if asked ‘How young you are’ than ‘How old you are’ citing the problems of aging. However we are in a paradoxical situation, aspiring to be young & also enjoy the comforts of modern world, which at this point of time sounds impossible.

Keeping the above things in mind & to find an answer to many such ‘Whys’, ‘Hows’ & ‘Whats’ surrounding aging, this Continuing Medical Education programme is organized to relook into the physiology of aging from what is known to what is new in concept of aging & its prevention with special emphasis on telomeres & aging. Hence we request you to be a part of this scientific programme eager to learn & share knowledge & views through your active participation.

Warm regards,

Dr. K.N. Narasimhaswamy
Organizing Chairman,
Professor & Head, Department of Physiology

Dr. M.G. Shivaramu
Principal, AIMS,
Dean, Health Sciences (Medical),
Adichunchanagiri University.

<table>
<thead>
<tr>
<th>PROGRAMME SCHEDULE</th>
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<tbody>
<tr>
<td>Registration &amp; Breakfast</td>
<td>8.30 am to 9.30 am</td>
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<tr>
<td>Inauguration</td>
<td>9.30 am to 10.15 am</td>
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<tr>
<td>Scientific session I</td>
<td>10.15 am to 11.05 am</td>
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<tr>
<td>Tea Break</td>
<td>11.05 am to 11.20 am</td>
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<tr>
<td>Scientific sessions II and III</td>
<td>11.20 am to 1.00 pm</td>
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<tr>
<td>Lunch Break</td>
<td>1.00 pm to 1.45 pm</td>
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<tr>
<td>Scientific sessions IV &amp; V</td>
<td>1.45 pm to 3.25 pm</td>
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<tr>
<td>Tea Break</td>
<td>3.25 pm to 3.45 pm</td>
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<tr>
<td>Debate</td>
<td>3.45 pm to 4.35 pm</td>
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<tr>
<td>Valedictory &amp; Certificates</td>
<td>4.35 pm to 5.00 pm</td>
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Age is a case of mind over matter. If you don’t mind, it doesn’t matter.
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Warm regards,

<table>
<thead>
<tr>
<th>SCIENTIFIC SESSION – I</th>
<th>Topic: Am I aging! How do I know?</th>
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<tbody>
<tr>
<td>Speaker: Dr. Sudhir G.K. MBBS, MD.</td>
<td>Professor, Department of Physiology, AIMS., B.G.Nagara.</td>
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<tr>
<td>Time: 10.15 am to 11.05 am</td>
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<tr>
<th>SCIENTIFIC SESSION - II</th>
<th>Topic: Challenges of aging</th>
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<tbody>
<tr>
<td>Speaker: Dr. Pratibha Pereira MBBS, MD, PGDGM.</td>
<td>Professor, Department of General Medicine, Head of Geriatric wing J.S.S. Medical College, Mysuru.</td>
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<tr>
<td>Time: 11.20 am to 12.10 pm</td>
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<tr>
<th>SCIENTIFIC SESSION – III</th>
<th>Topic: Recent advances in aging and anti-aging</th>
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<tbody>
<tr>
<td>Speaker: Dr. Vijayadas Muradi MBBS, MD.</td>
<td>Associate Professor, Department of Physiology, M.S. Ramaiah Medical College, Bengaluru.</td>
</tr>
<tr>
<td>Time: 12.10 pm to 1.00 pm</td>
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<tr>
<th>SCIENTIFIC SESSION – IV</th>
<th>Topic: Art and science of successful aging</th>
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<tbody>
<tr>
<td>Speaker: Dr. Aswini Dutt R. MBBS, MD, PGDBEME, PGDEMA, PSG-FAIMER.</td>
<td>Professor &amp; Head, Department of Physiology, Yenepoya Medical College, Mangaluru.</td>
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<td>Time: 1.45 pm to 2.35 pm</td>
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<tr>
<th>SCIENTIFIC SESSION – V</th>
<th>Topic: Research prospects in Geriatric Medicine</th>
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<tbody>
<tr>
<td>Speaker: Dr. Pratibha Pereira MBBS, MD, PGDGM.</td>
<td>Professor, Department of General Medicine, Head of Geriatric wing J.S.S. Medical College, Mysuru.</td>
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<tr>
<td>Time: 2.35 pm to 3.25 pm</td>
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<tr>
<th>DEBATE</th>
<th>Topic: Immortality – Pro’s &amp; Con’s</th>
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<tbody>
<tr>
<td>Moderator: Dr. K.N. Narasimhaswamy MBBS, MD.</td>
<td>Professor &amp; Head, Department of Physiology, A.I.M.S., B.G. Nagara.</td>
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<td>Time: 3.45 pm to 4.35 pm</td>
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*Forty is the old age of youth; fifty the youth of old age*
ORGANIZING COMMITTEE

Organizing Chairman
Dr. K.N. Narasimhaswamy

Organizing Secretary
Dr. Sudhir G.K.

Organizing Committee Members

Associate Professor
Dr. Anand K.S.S.

Assistant Professors
Dr. Ravi G.N.
Dr. Malini M.
Dr. Ashwathy V.T.
Dr. Jyothi S.

Technician
Mr. Thimmegowda K.S.

Attenders
Mr. Md. Ali Saab.
Mr. Dhananjaya T.
Mr. Hanumegowda H.
Mrs. Jayalakshmi S.D.

REGISTRATION FORM:

State level CME on “Myths & Facts of Aging”

Name: (In Capitals) Dr._____________________________________________
Designation: ______________________________________________________
Institution: _______________________________________________________
Address for correspondence:_________________________________________
City: ___________________________ State: ___________________________
Mobile Number: ___________________ Email ID _______________________
Medical Council Reg Number: __________ Name of State Council __________
Signature: ______________________________________________________

Registration fees & Payment Method – NEFT / Mobile banking

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<tr>
<th></th>
<th>On or before 20th December</th>
<th>Spot Registration (without KMC credit hours)</th>
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<tbody>
<tr>
<td>Delegates</td>
<td>Rs. 250</td>
<td>Rs. 250</td>
</tr>
<tr>
<td>PG students</td>
<td>Rs. 150</td>
<td>Rs. 150</td>
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Name of the A/c
Medical Education Department

Bank Name
Kotak Mahindra Bank Ltd.

Bank Name
Javaranahalli

Bank A/c No.
191010010437

IFS Code
KKBK0008261

Registration Enquiry – Dr. Ashwathy V.T. 9035774942
For any other queries – Dr. Malini M. 9663554655

Registration form can be photocopied or downloaded from our website www.bgsaims.com.
Send the filled form (scanned) with details of payment to aimsphysio2013@gmail.com or by post to Department of Physiology, A.I.M.S. B.G. Nagar 571448, Mandya Dist. Karnataka.
PG students should carry their ID cards on the day of CME.

Credit hours will be awarded for those delegates who register on or before 20th Dec 2018.
To,

Adichunchanagiri Institute of Medical Sciences
(A Constituent College of Adichunchanagiri University)
B.G.Nagara - 571448, Nagamangala Taluk, Mandya District, Karnataka

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