

# NEWS LETTER



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## ADICHUNCHANAGIRI INSTITUTE OF MEDICAL SCIENCES, HOSPITAL AND RESEARCH CENTER

B.G.Nagara, Nagamangala, Mandya - 571448

## ORTHO VISION

News letter of department of orthopaedics -January 2018

## EDITORIAL

With the divine blessings of Parmapoojya Jagadguru Sri Sri Sri Dr.Balagangadharanatha Mahaswamiji and His holiness Sri Sri Sri Dr Nirmalanandanatha Mahaswamiji, under the able guidance of our beloved principal Dr MG Shivaramu and with the constant support from Dr.TM Manohar, Medical superintendent, it is our great pleasure to bring forth "ORTHO VISION" the newsletter from orthopaedics department.

Ortho vision depicts new surgeries, recent trends in treatment modalities offered in the department of orthopaedics in AH&RC,AIMS,BG NAGARA.

It also enlists the academic programmes attended by the staff and postgraduates.

Congratulations to DR.SATHEESH for being awarded international travelling fellowship from KOA 2018

**Dr.B.G.Sagar**  
Prof and HOD  
Department of Orthopaedics

**“INTERESTING CASES”**

**1) THR for failed fixation of Hip Fractures:**



Pre op x ray



post op xray



55 year old female patient came with One and half year old failed DHS .Patient complaints of pain over the right hip and not able to walk. X-Ray showed fracture neck of femur right side and Non-union with DHS in-Situ. DHS was removed & Total Hip Replacement done. Now patient is able to walk.

**2) ILIZAROV EXTERNAL FIXATOR FOR INFECTED NON-UNION TIBIA**



Pre op



Post-Op



24year male patient with old tibia shaft fracture, nailing done out side which got infected. Nail was removed and later on patient sustained injury to same limb due to a fall,the refracture was operated with Ilizarov fixator with antibiotic beads.The Antibiotic beads were removed after infection was controlled.Fracture was re-aligned.

**3) FIXATION OF DEFORMED OLD OPERATED NONUNION BOTH BONE FOREARM FRACTURE WITH IMPLANT FAILURE**



PRE OP CLINICAL PHOTO



POST OP XRAY



POST OP CLINICAL PHOTOS



A 55year old female patient operated for 2 year old nonunion both bones forearm fracture with implant failure and deformity. Open reduction and internal fixation with bone grafting was performed. Deformity was corrected and full range of movements achieved.



## “CME AND GUEST LECTURES CONDUCTED IN THE DEPARTMENT OF ORTHOPAEDICS”

### 1) HANDS ON WORKSHOP ON TOTAL KNEE REPLACEMENT

#### INAUGURATION BY DR.M.G.SHIVARAMU,PRINCIPAL AIMS



#### INAUGURAL PHOTOS



DELEGATES



GROUP PHOTO

Dr.chandrashekar muniyappa and colleagues from people tree hospital bangalore conducted the academic programme for the benefit of 40 delegates including PGs from MMC&RI, JSSMC and consultants.



Work Shop



Case Discussion

**2) GUEST LECTURE ON BONE TUMORS by DR. SUMAN BYREGOWDA**



How to diagnose and management of bone tumours was dealt in detail by Dr. Suman Byregowda for 35 delegates

**3) OSTEOPOROSIS DAY 20th October 2017**







Bone mineral density camp was conducted and 150 beneficiaries underwent investigations.

## CME'S & WORKSHOPS ATTENDED

### INDIAN ORTHOPAEDIC ASSOCIATION CONFERENCE AT INDORE

#### Paper presentation:-

Evaluation of outcomes of Latarjet Anterior Glenohumeral joint strengthening procedure in the management of recurrent anterior shoulder instability.

By Dr. Harsh Tiwari and Dr .K.G.Gunnaiah

#### E-paper:-

"A Prospective comparative study in the management of Seinsheimer Type IIIA Subtrochanteric Fracture with proximal Femoral Nail(PFN)Versus Proximal Femur Locking compression plate(PF-LCP)

By Dr. Harsh Tiwari and Dr .K.G.Gunnaiah

#### Physical Poster:-

"Comparative Study of management of fracture clavicle using plating vs antegrade TENS

By Dr.Harsh Tiwari and Dr .K.G.Gunnaiah

#### Paper:-

Role of Ligamentotaxis in Unstable Intra-articular Fracture Distal end radius using Uniplanar External Fixator & Percutaneous Pinning.

By Dr. Chethan B.A. and Dr. B.G. Sagar

## OASISCON CONFERENCE AT MANIPAL 2017

### Paper Presentation:-

1) ETHIBOND FIXATION FOR ACROMIOCLAVICULAR JOINT DISLOCATION by **Dr. Satheesh, Dr. B.G. Sagar**

### 2) Posters-

Management of Vascular Injury in Ipsilateral Fracture femur/Tibia managed by vascular graft.  
By **Dr. Satheesh and Dr. B.G.Sagar**

Trapezoid fracture dislocation- a Rare case study  
By **Dr. Vikram and Dr. B.G. Sagar**

Functional outcome of percutaneous pinning for fractures of proximal humerus  
By **Dr.Venkatesh, Dr. K. G. Gunnaiah and Dr. Harish**

### KOA CONFERENCE AT MANGALORE 2nd to 4th Feb-2018

- 1) Dr. B.G.Sagar was a panelist for panel discussion on KPMEA act, Jousting and Dichotomy
- 2) Dr. Abdul Ravoof, Dr.Satheesh and Dr Gopinath were delegates for the conference.

### Papers:-

- A STUDY OF ASSOCIATION OF SUBSTANCE ABUSE AND ROAD TRAFFIC ACCIDENTS IN A TERTIARY CARE CENTRE – Dr Shruthikanth , Dr Madhukar
- A FUNCTIONAL OUTCOME OF SURGICAL MANAGEMENT OF TRANSVERSE PATELLAR FRACTURE by Dr Sabneet Singh, Dr Gopinath
- STUDY OF PERCUTANEOUS K WIRE IN SUPRACONDYLAR FRACTURE OF HUMERUS IN CHILDREN by Dr Sabneet Singh, Dr Gunnaiah
- CHONDROBLASTOMA OF PROXIMAL TIBIA by Dr Ashwani kumar, Dr B G sagar
- MANAGEMENT OF PROXIMAL FEMUR FRACTURE BY PF – LCP by Dr Ashwani kumar , Dr B G Sagar
- MANAGEMENT OF TRAUMATIC PUBIC DIASTASIS BY OPEN REDUCTION AND INTERNAL FIXATION by Dr Akshay Bhandari,Dr Gunnaiah

- SURGICAL MANAGEMENT OF ACCESSORY NAVICULAR BONE BY KIDNERS TECHNIQUE by Dr Akshay Bhandari, Dr B G Sagar
- OSTEOMYELITIS OF 5TH METATARSAL TREATED BY PARTIAL RAY AMPUTATION by Dr Akshay Bhandari, Dr Satheesh
- OSTEOPOIKILOSIS-A RARE CASE STUDY:-Dr.Vikram Reddy, Dr B G Sagar
- EPIDEMIOLOGY OF INTERTROCHANTERIC FRACTURE AND MANAGEMENT OF VARIOUS TREATMENT MODALITIES:-Dr Vikram Reddy, Dr Madhukar K.T

Dr. Madhukar, Dr.C.Vishwanath attended UPSKILLING OF ORTHOPAEDICIAN IN ENHANCEMENT AND COMPETENCIES on Jan26-28th 2018.

**“CONGRATULATIONS DR.SATHEESH”**

On being awarded the International Travelling Fellowship of Karnataka Orthopaedic association 2018.He will be traveling to UK during the month of July/August 2018



**Adichunchanagiri Institute of Medical Sciences**  
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To,