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DHWANI

Official Newsletter from the Department of E.N.T.

Adichunchanagiri Institute of Medical Sciences

From the Editor's desk

Greetings from the E.N.T. Department. We are very happy to present to you our newsletter "DHWANI".

We, the faculty in the department strive to achieve our aims and goals as specified in the visions and objectives of the department.

We constantly encourage our students for their overall development. In this semester, we have had several accomplishments from both undergraduates and post graduates.

I would like to express our gratitude to the Principal, Dr. M. G. Shivaramu for inspiring us with his encouragement.

I would also like to thank my colleagues and students for their support and contributions for publishing this newsletter.

Dr.G.C.Ravi

Professor and H O D

A Rare Case of Erosive Necrotising Sialometaplasia of Soft Palate ; presented by Dr. Sathiyamoorthy

- ❖ Here we have an interesting case of, a 19 years old male adolescent who came with chief complaints of throat pain and non-healing ulcer over the soft palate for the past one month. There was history of difficulty in opening mouth associated with pain over the lesion for the past 15 days, which aggravated during swallowing. Patient also gave H/O usage of gutkha and tobacco chewing for 5 years.
- ❖ On clinical examination, there was an ulcerative lesion over both sides of soft palate measuring about 6*5 cm extending from bilateral anterior pillar, base of uvula up to posterior half of the hard palate and slough was present all over the lesion. Left submandibular node was enlarged measuring about 3*2 cm, not mobile and non-tender. All blood and serological examinations were normal.
- ❖ Excisional biopsy was performed and minimal bleeding was noticed during the biopsy procedure. Histopathological features lead to the diagnosis of necrotizing sialometaplasia.



A rare case report of acute suppurative thyroiditis with thyroid abscess in a diabetic patient ; presented by Dr. Kiran (PG)

Thyroid gland has a rich and lymphatic supply which makes it resistant to infections. Acute suppurative thyroiditis is most commonly caused by staphylococcus aureus and streptococcus species. Most common predisposing factor is congenital pyriform sinus fistula in children and young adults. Immunocompromised status can also lead to thyroid infections. Here we present a case report of thyroid abscess caused by Acinetobacter species.

A 50 year old male diabetic patient presented with a painful neck swelling and fever of 5 days duration. On examination

a swelling is soft and tender with raised skin temperature. Ultrasonography revealed hypoechoic collection in left thyroid lobe. About 6ml of pus was aspirated under ultrasound guidance. Culture sensitivity of pus showed Acinetobacter species. Patient was started with intravenous antibiotics, insulin and supportive treatment and recovered completely.



An interesting case of fibrous variant of Hashimoto's thyroiditis with clinic pathological confusion in diagnosis ; presented by Dr Kiran

Fibrous variant of Hashimoto's thyroiditis is a relatively rare condition with an overall incidence of about 10% . A 50 year old lady came with history of swelling in front of neck , noticed 1 month back which was asymptomatic. Clinical examination revealed a right thyroid lobe swelling with firm consistency and smooth surface. FNAC was reported as suspicious of papillary carcinoma of thyroid . All routine investigations and TFT were within normal limits . Right hemithyroidectomy was done and sent for imprint cytology which was inconclusive and we proceeded with total thyroidectomy. Definitive diagnosis of Fibrous variant of hashimoto's thyroiditis was made with histopathological examination (HPE) .



Academics

1. Postgraduates have attended state level conference held at Bagalkot in the month of September 2017(8th, 9th, 10th) and presented their posters. Posters presented were - Laryngeal amyloidosis by Dr. Sathiyamoorthy ; Septal Schwannoma by Dr Kiran; Submandibular gland mucoepidermoid carcinoma by Dr Ravishankar and Ameloblastoma by Dr Niharika .
2. Postgraduates have attended midnational level conference held at Mangalore in the month of December 2017 and presented case reports.
3. Ms. Hajira Sultana and Ms. Kavishma Rajan, students of 7th term MBBS, made our institution and department proud by securing the second place in undergraduate ENT Quiz, conducted at the South zone ENT and Head and neck surgeons conference held at Madurai in September 2017.

Dr.G.C.Ravi attended and chaired a session at the state level C M E held at M I M S, Mandya, on 15th November 2017.

Dr. Kiran Naik attended and chaired a session at the state level C M E held at M I M S, Mandya, on 15th November 2017

Dr. Simha attended and chaired a session at the state level C M E held at M I M S, Mandya, on 15th November 2017

Dr. Vinay. S. Bhat delivered talk as an invited speaker at ‘Vestibulo-autonomic reflex’ in BALANCECON2017 held in Bangalore

Dr. Nitha attended the state level C M E as a delegate at M I M S, Mandya on 15th November 2017

Dr.G.C.Ravi, Professor and H O D, successfully completed the PGDMLE (Post Graduate Diploma in Medical Law and Ethics) from NLSIU (National Law School of India University, Bangalore) and received his degree from the Vice Chancellor of NLSIU.

